

Health and safety essentials

e-learning courses for everyone

A comprehensive portfolio of health and safety courses approved by RoSPA



Health and safety

- Asbestos management
- Avoiding slips and trips (challenge)
- Display screen equipment
- Display screen equipment (challenge)
- Driving at work
- Driving at work (challenge)
- Environmental awareness
- Fire safety
- Fire safety (challenge)
- Food safety – **coming soon!**
- Hand-arm vibration
- Hazardous substances
- Introduction to working safely
- Introduction to working safely (challenge)
- Legionella and water safety
- Managing your personal stress
- Manual handling
- Manual handling (challenge)
- Personal safety
- Remote working
- Slips and trips
- Slips and trips (challenge)
- Spinal awareness
- Travel safe
- Violence and aggression
- Working at height advanced
- Working at height essentials
- Your health and safety
- Your health and safety (challenge)

Safeguarding

- Introduction to safeguarding
- Introduction to safeguarding adults
- Introduction to safeguarding adults and children
- Introduction to safeguarding children



Risk assessments

- Display screen equipment
- Driving at work
- Risk assessment
- Risk assessment (challenge)

Manager's guides

- Management of contractors
- Managing stress in your team
- Overview of health and safety

Toolbox talks

- Avoiding slips and trips
- Fire safety
- Spinal awareness

Emergency response

- Active shooter – **coming soon!**
- Bomb threat – **coming soon!**
- Civil unrest – **coming soon!**
- Explosion – **coming soon!**
- Suspicious package or mail – **coming soon!**

What's included?

- Ongoing legal review
- Regular updates
- Delivery through the Astute platform
- Learning analytics
- Support



Value bundle

Courses are available individually or, for greater value, you can opt for the Health and safety essentials bundle, which includes all courses plus **free** access to a range of Health and safety Take 5 microlearning modules.